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# Pitridosha Vichar

## What is Pitridosha ?

Our deceased ancestors are termed as Pitar or Pitri. Pitri is a class between us and God. If they are happy the man is able to live a decent and successful life but if they are dissatisfied because of some reason then the native becomes victim of various types of diseases and troubles.

Later these Pitri either get Mukti (Liberation from the bondage of birth and death) or else take birth on this earth again. If all the Pitri in a family have taken rebirth or attained Mukti then for some time there are no Pitri for that specific family. In this situation the native gets fortunes and misfortunes on the basis of his own horoscope. Therefore, all family members should serve the Pitri by Tarpan etc. till the time they are there in Pitriloka. If Pitri are contented then they grant all round prosperity to the native.

The reason of unhappiness of Pitris resulting into Pitridosha can be untimely death of an ancestor or the unfulfilment of the last wish of the ancestor else the infliction of curse of someone on the soul of the ancestor. These ancestors need food in spite of being in Pitri Yoni. If family people do not offer food by Karmas like Tarpan etc then they become distressed and troubled. Pitri experience various types of troubles till the time they are not propitiated by Karmas like Puja Paath, Pindadaan and Tarpan etc.

Pitri Dosha generally happens not because of own Karmas rather because of the Karmas of parents and ancestors. This Dosha exists in the horoscope since birth but karmas get created after birth therefore the reason of Pitridosh remains inexplicable and only its symptoms are visible. We do not get auspicious results for our deeds in spite of having favorable Dasha and transit. At home there remains tension, disease, lack of peace and scarcity of funds. There are no issues or else one gets mentally retarded children who face obstacles in their progress or marriage.

Therefore when we face such above mentioned troubles continuously without having any visible reason in the horoscope then in that situation we must do propitiation of Pitridosha till the situation does not turn favorable.

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## Symptoms of Pitridosha

- \* Sudden death or accident in family.
- \* Suffering from hereditary diseases and long chronic illness.
- \* The birth of handicapped or unwanted child in the family.
- \* The disrespectful and torturous behavior of children in the family.
- \* Difficulty in conceiving or miscarriage.
- \* Difficulties in the marriage of some family member.
- \* Quarrels in the family on some issue.
- \* Never ending poverty in the family.
- \* Becoming victim of bad habits.
- \* The birth of female child again and again.
- \* Obstacles in education.
- \* Seeing snakes in dreams.
- \* Earn stigma of infamy for bad deeds.
- \* The grey hairs of the elders start turning yellowish or else they suffer from black cough.
- \* Ancestors of the family demand food or clothes in dream.

## How to Recognize Pitris ?

- \* Chant 11th chapter of Srimadbhagavadgita daily. Your Pitris shall show their face to you in your dreams.
- \* At night wash your hands and feet and pray in your mind and request your Pitris to give their Darshana to you.
- \* If you are facing obstacles in the accomplishment of your task then remember your Pitris and request them for the success of your tasks. I will do Shantipaath for you. If your this type of request results into the accomplishment of your task then it shall imply that you need to do Pitri Shanti.

## Remedies for Pitri Dosha

- \* Do Tarpan and Pindadaan on Mrityu Tithi during Shraadh. Offer food, clothes and Dakshina to Brahmin.
- \* If Mrityutithi is not known then these above mentioned karmas should be done on Amavasya.
- \* Offer Pitribhoga on each Amavasya and especially on Somvati Amavasya. Burn dry Kandas (pieces) of cow dung and give oblation of Kheer. Sprinkle few water drops and do Namaskar to Pitris.
- \* Offer water to Sun at the time of sun rise and chant Gayatri Mantra.
- \* Offer water, flowers, milk, Gangajal and black Til on Peepal tree while praying your

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Pitris. Say sorry for your mistakes and seek their blessings.

- \* Offer jaggary and wheat to cow on Sunday.
- \* Collect equal amount of money say one, five or ten rupees from all blood relations i.e. grandfather, grandmother, father, uncle, brother, sister, aunt etc and donate that in a temple. As per Lalkitab one gets rid of Pitri Rina by doing this.
- \* Listening of Harivanshpuraan Katha & Japa of Gayatri Mantra is very popular for the purpose of rectification of Pitri Dosha.
- \* Do Tripindi Shraadh or Nandi Shraadh in Gaya or Trayambkeshwar.
- \* Naraynbali Puja should be done.
- \* Do Pitri Gayatri Anushthaan by chanting following Mantra-

ॐ देवताभ्य पितृभ्यश्च महायोगिभ्येव च ।  
नमः स्वाहायै स्वधायैः नित्यमेव नमो नमः । ।

The above given mantra should be chanted while doing Pitri Dosh rectification remedies like Pindadaan, Gayashraadh and Pitribhogarpanam etc.

- \* Do Srimadbhagvadgeeta Paath.

### Guidelines for Pitri Puja

- \* Do not offer non-vegetarian food to Pitris.
- \* Avoid non-vegetarian food on the day of Pitri Puja.
- \* Do not use utensils made of steel, iron, plastic and glass. Use the utensils made of leaves and clay only.
- \* Do not blow bell while doing Pitri Puja.
- \* Do not create any hindrance in the Puja of that person who is following the process of Pitri Puja.
- \* Respect your elders.
- \* Godan (donation of cow) done for Pitris propitiate them.
- \* The place where drinking water is kept is known as Pitri Sthan (Place of Pitris) therefore it should be kept spotlessly neat and clean.
- \* For Pitri Karmas there are total 99 days in a year which include 12 Mrityu Tithi, 12 Amavasyas, 12 Purnima, 12 Sankranti, 12 vaidhriti Yogas, 24 Ekadashi and 15 days of Shraadh.

### Pitri Dosha In Your Horoscope

Your horoscope is free from pitridosh yogas so you shall never become victim of any type of trouble because of Pitridosha.

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### Notes :

Tripindi Shraadh and Narayan Naagbali are the main remedies for Pitridosha. These are done primarily in Tryambakeshwar. In Tripindi Shraadh the symbolic small statues of ancestors are made and Mantras are chanted on these. Finally they are flown in running water like Asthi Visarjanam.

Narayan Naagbali is done with the objective of fulfillment of desires of ancestors for their Moksha. In this Shamshankriya is done for two days and Manglik Puja on third day. If there are obstacles in getting married or begetting children because of Pitridosha then they get eradicated after observing these remedial measures.



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